



Valia Glytsis

**Valia is an executive coach, trainer and speaker. Valia's approach, inspired by rich professional experience in marketing, branding, and consulting, drives transformational success through a fierce commitment to the human side of business.**

Valia's clients range across industry and scope with three targeted specialties: *High-potentials* making a shift from functionally-excellent individual contributors to high-impact leaders of people; *Executives* on-boarding into a senior management or leadership role; *Senior Executives* seeking a trusted advisor to help navigate the complexities of their personal and professional worlds.

*A partial client list includes: HBO, McKinsey & Company, Digitas, Soul Cycle, Edelman, WeWork, BBDO, Mindshare, American Express, Deutsche Bank, Bloomberg, NYC Economic Development Corp, New York University (Stern), Georgetown University*

## What to Expect

As an executive leadership development coach, trainer, and speaker, Valia works with leaders and organizations that yearn for a more meaningful and impactful way of working, communicating, and leading. This talent development work delivers subtle yet profound mindset and behavioral shifts.

To learn more about Executive Coaching, please visit our website or contact us:

**[consultspectrum.com](http://consultspectrum.com)**

**[sronen@consultspectrum.com](mailto:sronen@consultspectrum.com)**

**917.678.3779**

## Coaching Approach

Valia's holistic approach to leadership development allows for a powerful synergy between the business executive and the person within. The tangible coaching components such as 360 evaluations, assessments and development plans combined with the intangible energy and empowerment work catalyze incredible change. Valia's high-frequency energy, intuitive approach, and keen listening skills enable meaningful partnerships with clients looking for exceptional transformations in their businesses and beyond.

## Credentials

Valia holds an Executive MBA from Columbia University and a BA in English and Justice and Peace Studies from Georgetown University, Magna Cum Laude. Prior to leadership and development, Valia worked in marketing, branding, and management consulting for various consumer brands including The Economist.

Valia is a Certified Professional Coach through the Institute of Professional Excellence in Coaching. She is certified in the Myers-Briggs Type Indicator (MBTI), the Energy Leadership Index (ELI), and uses other tools such as 360 interviews and customized assessments.